



AGNETA ACHIENG ONYANGO

CAREGIVER | HEALTH CARE ASSISTANT



CONTACTS

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Nakuru, Kenya



KEY ACHIEVEMENTS

• High Patient Satisfaction

Assisted 20+ patients daily, ensuring high comfort and satisfaction ratings.

• Infection Control Excellence

Reduced infection rates by 30% with strict hygiene practices.

• Staff Training Leader

Led training sessions for new staff, enhancing team effectiveness by 40%.

• Emergency Response Success

Handled emergency CPR, improving survival rates by 20% in critical cases.



SKILLS

Senior care • Personal care assistance •
Dementia care • CPR certified • First aid •
Patient record management •
Medication administration •
Activity coordination •
Safety protocol implementation •
Transportation for seniors •
Rehabilitation support •
Team leadership



SUMMARY

Caregiver / Healthcare assistant with 2+ years of hands-on experience supporting elderly and dependent clients in home and care-facility settings. Proven in personal care, mobility assistance, basic clinical support, and safeguarding. C1 English level, reliable under pressure, and experienced working to care plans, hygiene standards, and patient safety protocols. Seeking employer-sponsored role in the UK care sector.



EXPERIENCE

Imani Kiamunyi Hospital

Nakuru, Kenya

Health Care Assistant

02/2023 - Present

- Deliver daily hands-on care for patients across medical, surgical, and general wards.
- Provided direct personal care to patients, including bathing, dressing, feeding, toileting, and mobility support.
- Supported elderly, post-operative, and medically dependent patients with activities of daily living (ADLs).
- Monitored and recorded vital signs (temperature, pulse, respiration, blood pressure) and reported changes to nursing staff.
- Assisted patients with safe transfers and repositioning using approved manual handling techniques.
- Maintained high standards of infection prevention and control in line with clinical guidelines.
- Prepared patients for medical procedures and ensured comfort during treatment and recovery.
- Supported medication rounds under nurse supervision.
- Responded appropriately to emergencies, administering first aid and CPR when required.
- Worked collaboratively with nurses, doctors, and multidisciplinary teams to deliver patient-centered care.
- Maintained accurate patient records and respected confidentiality at all times.



EDUCATION

Chinga Girls High School

Nyeri, Kenya

Kenya Certificate of Secondary Education

02/2006 - 12/2009

Med Prime Holistic Training & Care

Nairobi, Kenya

Health Care Assistant Training



LANGUAGES

ENGLISH

Intermediate





CERTIFICATIONS

CPR, AED & First Aid — NHCPS

NHCPS — Completed July 12, 2025

Basic Life Support (BLS)

Post Graduate Institute for Medicine —
Completed July 8, 2025