

Ajay Paudel

📍 Roma QLD, Australia



Phone: +61490747489 **Email:** achhetri208@gmail.com

Profile: <https://useverb.com/cv/achhetri208>

About

I am a hardworking, reliable, and compassionate professional with experience in hospitality and disability support work. I am committed to providing high-quality service, supporting people with respect and dignity, and working effectively as part of a team. I have strong communication skills, a positive attitude, and a willingness to learn new skills. I am responsible, punctual, and dedicated to creating a safe, friendly, and supportive environment for both clients and colleagues.

Experience

Disability support worker · Multicap limited

2025 - 2026 · Roma QLD, Australia

Provided person-centred care and support to people living with disabilities, promoting their independence, dignity, and wellbeing.

Assisted clients with daily living activities, personal care, meal preparation, and household tasks as required.

Supported clients to participate in community activities, appointments, social activities, and recreational programs.

Built positive and respectful relationships with clients while supporting their individual needs, preferences, and goals.

Maintained a safe, clean, and supportive environment for clients.

Followed individual support plans, workplace procedures, and health and safety requirements.

Chef · The club hotel motel

2023 - 2025 · Roma QLD, Australia

Prepared and cooked a variety of meals while maintaining high standards of food quality and presentation.

Followed food safety, hygiene, and workplace health and safety standards at all times.

Prepared ingredients, managed portion sizes, and maintained an organised and clean kitchen.

Worked efficiently as part of a team in a fast-paced kitchen environment.

Assisted with menu preparation, food preparation, cooking, and plating.

Monitored food stock and assisted with ordering and storing ingredients appropriately.

Maintained kitchen equipment and ensured the kitchen was clean and safe.

Provided consistent, quality meals while meeting customer requirements and dietary needs.

Education

Master of professional accounting · Holmes institute

2020 - 2022 · Sydney NSW, Australia